

Youth development
programs with a difference...

Rocky Instincts travel to a range of clients within Queensland. We also have the capacity to deliver programs at your premises, during camps and at off-site locations. Please contact us for a quote or a list of standard pricing for programs. We are able to customise each program as required and work closely with organisations to ensure each participant gets the maximum benefit from our workshops.

VISIT OUR WEBSITE OR FACEBOOK TO SEE MORE ABOUT WHAT WE DO
AND HOW WE CAN HELP YOUR CLIENTS LEARN IN A FUN AND RELAXED
NATURAL ENVIRONMENT.



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YESTERDAY'S SKILLS
SURVIVING TODAY

ROCKY INSTINCTS Youth Development Programs





EMBRACE YOUR INSTINCTS!

ROCKY INSTINCTS IS A CENTRAL QUEENSLAND BUSINESS THAT SPECIALISES IN TEACHING, PRACTICING AND RETAINING PRIMITIVE SKILLS.

PRIMITIVE SKILLS TODAY

The primitive skill genre encompasses a range of ancient skills that our ancestors used in their daily lives before we had the luxuries of our modern life. Skills such as friction fire making, cordage and rope making, constructing homes (shelters), creating glue from natural materials, bush tucker, animal trapping techniques, spear throwing and creating tools from stone, wood and bone to name a few. Although classed as "primitive" these skills are far from simple.

Rocky Instincts has rediscovered the amazing range of benefits of practicing and learning these skills. They are the building blocks of life and learning these practices leads to growth in the physical, mental, spiritual and cultural areas that we as humans need to live.

Our workshops are designed to captivate and involve disengaged youth in a meaningful way. We work with support workers and staff to ensure the best approach to

BENEFITS TO STUDENTS

Students will benefit in a range of areas including:

- Improvisation
- Perseverance
- Hand eye coordination
- Problem solving
- Tactile dexterity
- Inter-cultural understanding
- 'Out of the box' thinking
- Personal accomplishment
- Physical/mental flexibility & balance

involve participants in a non-threatening manner. We include skills from a range of cultures and have the ability to tie skills back to all students ancestors in a practical way.

We can facilitate discussion around key issues relating to growing up, rights of passage, alcohol and other drugs, spirituality and respecting elders. We provide mentoring with a background of lived experience in an informal and approachable manner. Rocky Instincts works closely with clients to ensure each workshop meets outcome and KPI requirements.

FIRE

This amazing element is as important today as it was for our ancestors in the past. Our programs use the student's natural interest in fire to expose them to various learning outcomes. We teach and demonstrate a variety of techniques from around the world. Activities are tailored to each age group to ensure that all have the opportunity to experience basic fire.

BUSH TUCKER

Nature provides everything we need to survive! Our programs include looking at foods that are available locally such as seasonal fruits, greens, roots and tubers. We also look at other uses of plants including bush soap, sand paper, dyes, medicines, candles and natural navigation to name a few. We customise activities according to class outcomes and we can also provide an open fire cooking demonstration.

SHELTER

Shelter is one of the most important elements of survival. Our programs teach students about harnessing natural resources to build a shelter. These activities require students to work together in teams and the finished product provides a great sense of accomplishment and a great photo opportunity!

STONE TOOLS

Archaeologists today are still discovering the complexities of how our ancestors used stone in their every day lives. Stone was used for axes, spear and arrow heads, knives, chisels and drills to name a few. Flintknapping is the art of creating stone tools from raw materials and we demonstrate a range of techniques and provide age appropriate activities using stone and natural materials to create tools.

TRAPPING

Our school based trapping activities and programs bring to life the physics of this ancient art. No animals are harmed in our activities! We focus on the art, science and physics of these ancestral skills. Friction, tension, compression, levers, angles and the study of force are all learning outcomes in our trapping activities and programs.

CORDAGE

We owe a lot to the humble piece of rope! Our fibre and weaving programs show how our ancestors made items from plants into a variety of products including baskets, bags, nets, shelter building, traps, fishing lines and much more. All students have a go at making their own rope from natural materials.

EXPERIENCE

Sessions are delivered by Malachi Conway who has over 10 years experience in training and teaching a range of courses relating to first aid and work place health and safety. Malachi has been delivering sessions in schools since 2015 within Central QLD. We also have the capacity to travel to other regions.

We have developed workshops to deliver quality sessions that meet each school's individual needs. We deliver a range of workshops to primary and secondary students. Our past clients have included a range of schools from around Central QLD and also daycare centres, Scout groups, youth development organisations, not-for-profit groups and other clients. Please contact us for references.

WE TAILOR-MAKE PUBLIC WORKSHOPS, YOUTH ENGAGEMENT SERVICES, VACATION CARE ACTIVITIES, SCHOOL PROGRAMS, CAMPS AND WORKSHOPS.



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